

Cookery Corner



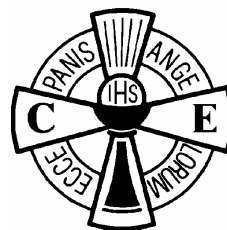
Mini Toads

M A K E S A D O Z E N

3tbsp vegetable oil,
24 cocktail sausages,
50g flour,
1tsp mustard powder,
1 egg, beaten,
150ml full fat milk,
Jar of chutney or relish or tomato ketchup

1. Preheat the oven to 220 degrees/gas7.
 2. Brush a 12-hole mince pie tin liberally with vegetable oil and drop a couple of cocktail sausages in each one.
 3. Smear the sausages with the oil by shaking the pan, and roast for 15 minutes.
 4. Whisk the flour, mustard powder, egg, milk and a seasoning of salt and pepper together.
 5. Pour this mixture into the mince pie tin, return to the oven and bake for 25 minutes or until risen and golden brown.
 6. Spoon chutney or relish onto the toads and serve
- ENJOY -

*If you wish to contribute or share with others in this bulletin,
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Handmaids of Christ and Children of Mary

Supplement to the Bulletin of the Eucharistic Crusade in Ireland

April 2007

Month of the Resurrection of Our Lord

This leaflet is intended for high-school girls. Being part of the Eucharistic Crusade, you will receive the bulletin of the Crusade and pray for the intentions of the Crusade. As girls, Our Lady is your special model. Therefore as well as being Crusaders and Handmaids of Christ, you are also Children of Mary. The purpose of this few pages is to help you in your spiritual life.

There will be soon enrolments in the Eucharistic Crusade, probably in May, and I would like to stress the importance of belonging to a movement whose prayers, communions, sacrifices and good examples are all offered for worthy intentions and in union with so many girls around the world. That is why you do well to fill in the treasure sheet and return it to the Chaplain each month. God will reward your generosity.

AN EASY WAY TO BECOME A SAINT By Fr Paul O'Sullivan, OP

Chapter 1 - TWO KINDS OF SAINTS

SAINT THERESE OF LISIEUX

We have a striking example in our own days of a canonized Saint who was actually given to us as an example of how to become holy, by what she herself tells us is the easy, the "little way" to Heaven. St. Therese of Lisieux never worked a miracle, never enjoyed heavenly visions, never did anything extraordinary, but she did well all that she did. She tells us that she went to Heaven in an elevator (a lift).

In the Carmelite convent in which she lived, none of the sisters remarked anything wonderful in her conduct. She was sweet and joyful and was the sunshine of the com-

munity. Possibly some of the other sisters prayed longer and did more rigorous penances than she did.

An incident which took place before her death shows how simple and unpretentious was her life. It was the custom in the convent for the prioress to write a short account of the life of each sister after that sister's death. During the illness of St. Therese, two sisters were heard speaking of this. One said to the other, "Poor Mother Prioress, whatever will she find to write about poor little Sister Therese?" Yet this dear little Saint began to work so many wonders after her death and obtain so many favors for those who had recourse to her that the whole world rang with her praises. She was solemnly canonized after a remarkably short time.

What a consolation she offers to those who wish to be holy! Hers was the little, the easy way, the elevator (lift) by which we, too, no matter how weak we are, can go to Heaven.

BENIGNA CONSOLATA

A second example that will encourage the humblest of us is the story of Benigna Consolata. Her life, her conduct were so ordinary that those who were most intimate with her had not the faintest idea that she was a Saint. She did not spend her nights in prayer, nor did she fast more rigorously than the others; she never worked miracles, yet her pure, humble life attracted the love of Our Lord, who frequently appeared to her and treated her with the most loving intimacy. When speaking to her, He addressed her by her pet name, "Nina Mia." Her name was Benigna Philomena Consolata. He revealed to her the most consoling doctrines and said to her, "My dear little Secretary, write all I tell you, that others may know it."

The sisters who lived with her were utterly surprised when they learned after her death of her wonderful sanctity.

We ourselves may be surprised when we enter Heaven to see on high thrones those whom we knew on Earth but whose sanctity we did not suspect.

(Continues next month)

Instruction upon meditation

Meditation, or mental prayer, is a devout and fruitful consideration of Divine things, and of all that is conducive to the acquirement of virtue and of eternal salvation. Now we come to the points of the meditation, which are the essential part of this exercise after the preparation. There are three and in each one of them we are to apply our memory, understanding and will. The memory presents to the understanding a truth to be considered; the understanding examines it, studies it, dwells upon its meaning, weighs the advantages of fulfilling what it enjoins, and the evil of doing what it forbids. The will, enlightened by God's grace, determines to carry out in practice what the understanding shows to be conformable to the will of God

5th Meditation – On the grievousness of mortal sin (continued)

Consider that there are perhaps souls in hell suffering for one mortal sin, and many who have been condemned for fewer sins than I have committed. O God, send down thy light and thy truth. Give me to see and to understand the grievousness and malice of mortal sin, which so much offends Thee, the Creator and Lord of all things. Yes, the infliction of eternal banishment and pain is justly assigned to sin committed against a Being whose goodness has neither end nor measure; for were it otherwise, how could Infinite Majesty have deigned to become a creature for my sake, to rescue me from sin and hell?

SAINT KATERI TEKAKWITHA Virgin (1656-1680) Feastday : April 17

Kateri Tekakwitha, known as "the Lily of the Mohawk", was born in Canada in 1656 of a captive Algonquin mother and an Iroquois chieftain. Her mother was a Christian but dared not baptize Kateri or her younger brother. When an epidemic of smallpox broke out in 1660, the little girl lost her mother and brother, perhaps also her father at that time; she herself nearly succumbed to the malady.



Her uncle, who adopted her, later wanted her to marry a young Iroquois her own age, but she refused, having already experienced the horror of the Iroquois brutalities. When in 1675 Father Jacques de Lamberville, Jesuit missionary, discovered on the banks of the Mohawk River this "beautiful lily", he transplanted her to the mission of St. Francis Xavier near Montreal, which had been founded a few years before. She received her first Communion there on Christmas day of 1676.

In 1679, on the feast of the Annunciation, with the authorization of one of the Fathers at the mission, Kateri privately pronounced a vow of perpetual chastity and consecrated herself to the Blessed Virgin. From that time on, she and her rosary were inseparable. Her health had never been strong, and her penances contributed to weakening it further. It was during Holy Week of 1680 that this young Indian maiden quietly expired, invoking the names of Jesus and Mary. Miracles and favors were attributed to her soon after her death.

In 1943, Pope Pius XII admitted the cause of beatification, approving the decree on the heroism of her virtues. The Canadian Indian girl who had attained sanctity very young and died at the age of 24 years, was beatified in 1980 and canonized in 1991.